At CBS SRE is taught in an age appropriate way and knowledge build as children progress through the school. Here is an overview of the key objectives taught to children in each year group. If you would like to discuss any of these with someone, please contact the school office.

Year 1

Understand how children change and grow, Explore different types of families

Know which people we can ask for help

Year 2

Identify differences between males and females including animals, explore differences and link to lifecycles including animals

Gender stereotypes, name the body parts and identify physical differences between boys and girls

Year 3

Uniqueness and differences

Explore differences in male and female bodies

Understand each person's body belongs to them, personal space and unwanted touch

Different families, help and support

Year 4

Explore the human lifecycle and begin to understand some changes happen during puberty

Explore puberty as part of lifecycles including animals

Understand that puberty is linked to reproduction, sex parts

Respect and friendships, feeling uncomfortable or unhappy

Year 5

Explore the emotional and physical changes of puberty and ask questions with confidence

Understand the changes to the body in more detail

Describe what happens during menstruation and sperm production

Hygiene, emotions and relationship changes in puberty

Help and support during puberty

Year 6

Consider puberty and reproduction and discuss with confidence

Healthy and unhealthy relationships, communication, permission, consent, personal safety

Basic facts about conception and pregnancy

Sharing personal and private information in relationships and online relationships.