Chesham Bois CE School

After School Martial Arts Club · Autumn Term 2026

Thursday	3:15pm – 4:15pm

■ Term Dates

Start: Thursday 10 September 2026

End: Thursday 17 December 2026

Half Term: Monday 19 October – Friday 30 October 2026 (2-week break)

No sessions during half term. School breaks up Friday 16 October; club resumes Thursday 5 November.

■ Cost Per Session

£8.50

per session

13 sessions · Term total **£110.50**

£8.50 deposit required on booking.

About the Club

Focus Fitness runs **bite-sized martial arts sessions** designed to build confidence, coordination, discipline and fitness through fun games and martial arts activities. A fun, engaging introduction to martial arts, suitable for all abilities, no experience needed!

■ What to Bring

✔ PE kit / sportswear ✔ Trainers ✔ Skipping rope (warm-ups & gradings) ✔ Water bottle

■ Existing Students

You do **NOT** need to sign up again. Your child is automatically enrolled for the new term. To cancel, contact Focus Fitness before term starts.

■ New Students

Book your place using the QR code or link below. New students welcome at any point, payment is pro-rated for remaining sessions.

Book Your Place

Scan the QR code or visit:

https://www.focus-fitness.co.uk/school-clubs/sign-up/

■ Focus Fitness kit available at focus-fitness.co.uk, use code **focuschool** for a discount!

Questions? Contact us at **info@focus-fitness.co.uk** | www.focus-fitness.co.uk